



TEMPLE BETH ISRAEL

EST. 1859

I am sure you have heard from self-help gurus about manifestation. That if you will yourself, you can manifest your reality.

Yet so often there is either a failure of explanation about how to manifest or an attempt attached from those same gurus with a sales pitch so they can make money for themselves. But what if manifestation is something that we already inherently know how to do? Manifestation is related to how we talk to ourselves, and how we use our imagination to see ourselves. Just think about it, many times we only allow ourselves to go as far as our imagination will take us. If we see in our heart, on a deep level, that we are chained to a pole then we are chained.



The idea of being chained to a pole that can be easily broken is best illustrated by a famous story of an elephant who was chained to a pole from the time it was very young. Even after it grew up, it never broke free from the pole. More specifically, it had the capacity to break free physically; but it could not mentally.

When contemplating mental capacity, Henry Ford famously said: "Whether you think you can, or you think you can't--you're right."

Scientific research is beginning to prove what was once visible to people observing the world around them: our thoughts, our inner dialogue, dictates so very much how we see, experience and interact with the world around us. A fascinating study exploring seniors who were physically and mentally challenged, living in a nursing home was conducted by Ellen Langer from Harvard, to demonstrate that aging was a mindset. She brought participants into a setting as if it was 1959; complete with no mirrors, and with music, magazines and a black and white TV with shows from that year. The results were an increase in "physical strength, manual dexterity, gait, posture, perception, memory, cognition, taste sensitivity, hearing, and vision," of the participants according to Dr. Langer.

What if manifestation was simply visualizing and imagining yourself as who you want to be? Maybe it is a younger, stronger, or more capable version of yourself. Perhaps if we saw ourselves as capable we might then see the gifts that are presented to us as something we could actually accomplish. We would embrace the challenges with faith that we would be successful at completing them.

It is not that we can imagine ourselves as rich and become rich. It is that we can imagine ourselves as capable. We can imagine ourselves as healthier. Then we can work toward that as we heal and grow.

There is a Hasidic tale that explains this concept differently. It does so by explaining why there are madmen and how they function in this world.

“Suddenly he fell silent; winner or loser, Gregor didn’t know. He could still see his grandfather’s lips moving as they said, “Don’t be afraid, my child. Madmen are just wandering messengers, and without them the world couldn’t endure. Without them there would be no surprise; they surprise even the Creator because they escape from Him and regard Him with pity. Their mission on earth? To persuade us that we don’t know how to count, that numbers deceive or trap us. Are you listening?” And heavy-heartedly Gregor answered, “Yes, Grandfather, I’m listening. I think I’ve lived only for this encounter and for this night.” He could hardly hear him whispering, “That, my child, is true of all encounters, of every night.” (14)

The role of madmen is to have us imagine that we are tied to something. That thing we are tied to is a false belief. Then we believe them and fail to understand the false belief or story, we continue the madness by placing value onto them. The trick is not placing value in falsehood and focusing on fact.

(The surprising thing for me is that according to the Hasidic tale, even madness surprises the Creator.)

So if we can imagine ourselves as free. Then we can see ourselves as able which can help alter our physical capabilities. We can experience this world as heaven on earth or simply be like the elephant tethered to a pole.



TEMPLE
BETH ISRAEL
EST. 1869



RENEW US HIGH HOLY DAYS 5783 *Schedule -2022/5783*

6:30 PM

S'lichot Evening

Saturday September 17th

Morning Service [מנחה] - Details to Follow

8:00 PM

Rosh Hashanah [ראש השנה]

Sunday, September 25th

Erev Rosh Hashanah – Adult Service

Sisterhood Reception to Follow

Monday, September 26th

09:00 AM

Family Service

11:00 AM

Morning Service [מנחה]

01:00 PM

Lunch

03:00 PM

Tashlich

10:00 AM

Shabbat Shuvah [שבת שובה]

Friday, September 30th

10:00 AM

Cemetery Service

Sunday, October 2nd

Cemetery Service at William Wolff Cemetery

(At the corner of Riverside & Madison)

Yom Kippur [יום כיפור]

Tuesday, October 4th

8:00 PM

Kol Nidre [כל נדרין] – Adult Service

Wednesday, October 5th

09:00 AM

Family Service

10:30 AM

Morning Service [שחרית]

01:30 PM

Adult Education [לימוד]

03:00 PM

Afternoon Service

04:00 PM

Yizkor Service [יזכור]

05:00 PM

Concluding Service [נעילה]

05:45 PM

Sisterhood Break the Fast

Words From the President

Hello. I am honored that you have asked me to lead you as President of the Congregation. It is my hope that our Kehillah will continue to grow under the outstanding leadership of Rabbi Bahar. If you have the chance, check out her sermons online or listen to them in person or via Facebook Live or our Zoom services.

We currently are back live and in-person with services. Currently it is our intention to have in-person services for our High Holy Day Services. We continue to monitor current COVID trends and get expert advice from the Drs. Hoffman regarding safety.

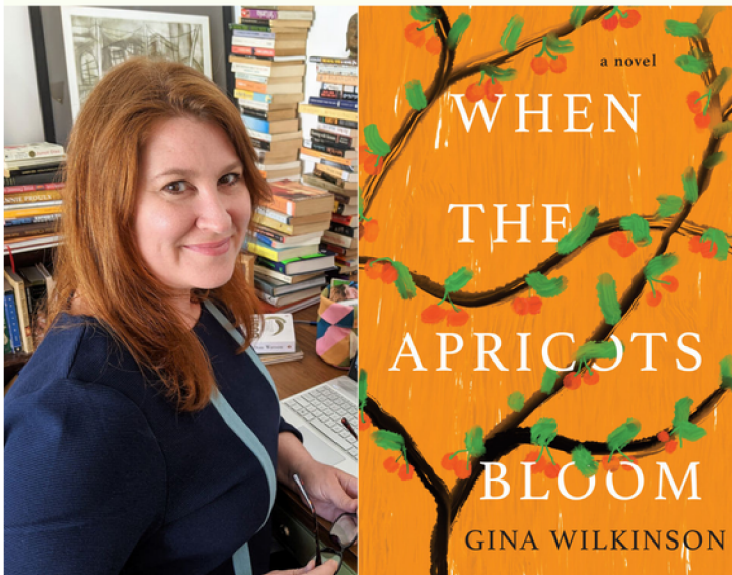
At this time, I am forming our committees for the next year. I have already completed work on forming Rabbinate, Finance, Cemetery, and Investment Committees. I am looking for help with Membership, House, Attendance, and Choir committees. If you are interested in serving on one of our committees (even the ones already completed) or if you want to discuss any other Temple related matter, please email me at Sbecker604@aol.com or call me at (478) 952-8691. I am available by phone from 9:00AM until 9:00PM.

Finally, I and we would be remiss if we did not thank Betty Taylor for her leadership during the last two years. Betty did an outstanding job leading us through an incredibly difficult time. I cannot imagine the difficulties that she faced, but she led us admirably through.

Shalom,
Simon

Sisterhood

WHEN THE APRICOTS BLOOM BY GINA WILKINSON



SISTERHOOD

BOOK CLUB

When the Apricots Bloom

Sunday | 1 PM
August 28th
Temple Beth Israel

Join us in person or on Zoom!

Author
Gina Wilkinson

TEMPLE BETH ISRAEL SISTERHOOD

HONEY FUNDRAISER



This 8-ounce jar of delicious kosher honey arrives in time for the Rosh Hashanah holiday, decorated with a colorful label, and includes a personalized card reading "Shana Tova—Wishing you a Healthy and Happy New Year." This card also lets the recipients know that a donation has been made in their honor to Temple Beth Israel Sisterhood.

What better way to wish family, friends and business associates a "Sweet and Healthy New Year" than sending a jar of honey?

For more information please contact:
Janet Brown
478-986-3699
janetwbgi@yahoo.com

Your cost is \$13.00 per jar which includes shipping and handling within the United States. We will gladly mail orders outside the United States for an additional fee. To order honey go to www.honeyfromtheheart.org/MAC click the honey link and follow the step-by-step instructions.

Order by August 1, 2022 to avoid a \$6.50 per jar shipping fee.

Order by September 1, 2022 for guaranteed delivery in time for Rosh Hashanah.

SATURDAY, AUGUST 13th
10:00 AM - 12:30 PM

COME AND HAVE FUN!!!!

**TBI YOUNG
FAMILIES**

**pool
party**

HOME OF GLENN ROSEN | RSVP TO ADMIN@TBIMACON.ORG

TBI Photo Album
Macon Bacon Game





Learn Hebrew with Rabbi Bahar
10 years and older
4:00PM on Mondays
Contact TBI for more information



Tisha B'Av

9 av 8/6 7pm Join Rabbi Bahar and a cluster of her colleagues and their congregations as we observe this day of Jewish tragedy and loss. We gather in person or on Zoom with communities from across the country.

Join Zoom Meeting

**[https://us02web.zoom.us/j/89648737479?](https://us02web.zoom.us/j/89648737479?pwd=N2d0THZwNzk4OS83NjRuQVF5WUVjdz09)
[pwd=N2d0THZwNzk4OS83NjRuQVF5WUVjdz09](https://us02web.zoom.us/j/89648737479?pwd=N2d0THZwNzk4OS83NjRuQVF5WUVjdz09)**

Meeting ID: 896 4873 7479

Passcode: 409594

One tap mobile

+13017158592

Tisha B'Av

A Day of Mourning



AUGUST 2022

WHEN THE APRICOTS BLOOM BY GINA WILKINSON

SISTERHOOD When the Apricots Bloom
 Sunday 1 | 1 PM
 August 28th
 Temple Beth Israel

BOOK CLUB

Join us in person or on Zoom!
 Author
 Gina Wilkinson

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 1:00 PM: SISTERHOOD BOOK CLUB THE LOST SHTETL BY MAX GROSS	1	2	3 9:00-11:00: RABBI BAHAR OFFICE HOURS	4	5 TISHA B'AV 5:15 PM KIDDUSH CLUB 6:30 PM KABBALAT SHABBAT	6
7	8	9	10 9:00-11:00: RABBI BAHAR OFFICE HOURS	11	12 5:15 PM KIDDUSH CLUB 6:30 PM KABBALAT SHABBAT	13 1:00 PM YOUNG FAMILY POOL PARTY
14	15	16	17 9:00-11:00: RABBI BAHAR OFFICE HOURS	18	19 5:15 PM KIDDUSH CLUB 6:30 PM KABBALAT SHABBAT	20
21 1:00 PM: BOARD MEETING	22	23	24 9:00-11:00: RABBI BAHAR OFFICE HOURS	25	26 5:15 PM KIDDUSH CLUB 6:30 PM KABBALAT SHABBAT	27
28 1:00 PM: SISTERHOOD BOOK CLUB "WHEN THE APRICOTS BLOOM" BY GINA WILKINSON	29	30	31 9:00-11:00: RABBI BAHAR OFFICE HOURS	1	2 5:15 PM KIDDUSH CLUB 6:30 PM KABBALAT SHABBAT	3



Beginning the week of August 15th, Rabbi Bahar's off day will move from Monday to Thursday in order to offer Hebrew School.





Happy Birthday

Alan Segal - August 1st

Katerena Becker - August 3rd

Katherine Kalish - August 6th

Jody Purcel Dughi - August 9th

Elaine Dreizin - August 12th

Walter Dannenberg - August 20th

Brandon Kirshner - August 20th

Sigfried Dayan - August 22nd

Richard Bullington - August 23rd

Maxine Goldstein - August 25th

Cody Silas - August 26th

Sandy Butler - August 31st



A background of purple orchid flowers and buds on a light purple gradient. The flowers are in various stages of bloom, with some showing the intricate details of the petals and the central column.

Happy Anniversary

Lawrence & Bernae Mink - August 7th

Mike & Nancy Kaplan – August 9th

Bill & Pam Webster – August 17th

Brandon & Ciara Kirschner – August 27th

Rabbi Laurence & Darrie Schlesinger – August 28th



We Remember the Following on Shabbat

August 5 (July 30 - August 5)

Lee Happ - 7/30/1963

Anna Vogel - 7/30/2004

Joseph Goldman - 7/31/1971

Mamie Lee Burney - 7/31/1986

Ferd Bernd - 8/1/1956

Isaac Flatau - 8/2/1938

Ruth Lippard - 8/2/2001

Pearl Kaplan Lavine - 8/5/1990

Revera (Vee) Tolochko Kahn Wayburn -
8/5/2017

We Remember the Following on Shabbat

August 12 (August 6 - August 12)

Donald I. Rosen - 8/6/2015

Benjamin Bashinski, Jr. - 8/8/2012

Johanna Waxelbaum - 8/8/1960

Miriam (Baker) Ullman - 8/9/2009

Fannie Zion - 8/12/1973

We Remember the Following on Shabbat

August 19 (August 13 - August 19)

Frank M. Happ - 8/13/1987

Willard Webster - 8/13/2009

Jane Werner Gerdeman - 8/14/1995

Marjorie Blanche Popper - 8/17/1973

Lena Schram - 8/17/2009

Rosalind Bashuk - 8/19/1975

Joseph Oliner - 8/19/2009

We Remember the Following on Shabbat

August 26 (August 20 - August 26)

Aimee Pollock Waxelbaum - 8/24/1968

Herschel B. Kemper - 8/26/1976

We Remember the Following on Shabbat

September 2 (August 27 - September 2)

Rosanna Fried - 8/27/1920

Arlene S. Bergeron - 8/28/1998

Julius Kuhr - 8/30/1930

Ella Kneller - 8/31/1901

William Herman - 8/31/1971

Juliette Schmitz Dayan - 9/1/1952

Richard Harris - 9/1/2015

Isaac Marcuson - 9/2/1952

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