

THE DOME · · · MARCH 2022

TEMPLE BETH ISRAEL · 892 CHERRY STREET · MACON, GEORGIA · 31201



I think it used to be fun bumper stickers that we would speak about: “Do random acts of kindness” and other fun sayings. Now that has moved on to include “memes” and “NFTs.” What is a “meme”? Merriam-Webster defines “meme” as “an idea, behavior, style, or usage that spreads from person to person within a culture.” An “NFT” is a “Non-Fungible Token” which stores on a blockchain, data associated with photos, audio or media.

I think it is easy for us to allow ourselves to be inundated by these messages. Some of these messages are uplifting, while others remind us that we are polarized, separated, and different from one another. There is a famous saying from the Buddhist tradition that “Holding a grudge is like drinking poison and waiting for the other person to die.”

Poison is not something that is necessarily consumed only once. Even some amount of poison, when continuously consumed, can have devastating consequences. Yet I think this quote is not just about grudges which we feed with poison. It is other items, other ideas we also feed within ourselves which can also cause us harm. It is other thoughts we have which can hurt us: sometimes, ideas from things which happened to us when we were children; some ideas which are simply our biggest fears; some ideas are feelings of why we struggle in our lives.

Sometimes, we may not even realize we are absorbing poison. Poison can be in the form of messages we feed ourselves mindlessly. It can occur when we watch ourselves watching negativity on TV, our Facebook feeds, or our social media. When we do it without realizing what we are doing, we are consuming poison. We give ourselves permission to be negative about the gifts in the world. We subconsciously allow that anger to ooze into our conscious and subconscious minds.

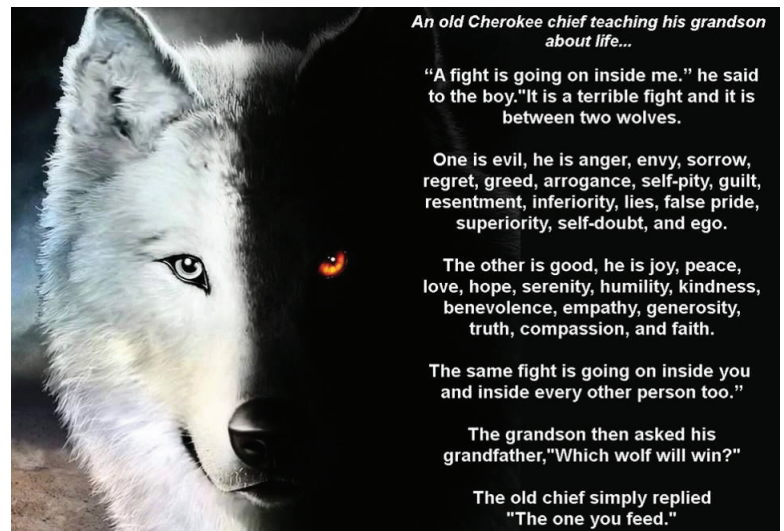
The power we have is that we can choose to focus on positive images. We can be selective when we surround ourselves with images, sayings, and stories which are uplifting. We can live a mindful life and include in that mindfulness what we choose to feed ourselves. One of the gifts we choose is the ability to focus on kindness.

We can get bogged down in negative thoughts, ideas, and often look out at the world and believe that it is only negative. We can often see challenges, which can be overwhelming, making it hard to have the ability to see the good. It is in focusing on positive things which can allow us to see the beauty and the bigger picture.

We read in *Sfer Maalot Hamiddot*: “For the Lord said: ‘The world will be built with lovingkindness’” (*Ps. 89:3*). Building on this quote from the Book of Psalms, Yehiel b. Yekutiel says: “If one does lovingkindness with a friend, it is accounted to him as if he built the world.”

Building from this, if we fill our lives with images, friends, and opportunities of engagement with lovingkindness, then we not only build our personal world with lovingkindness, but we support the lives of others with lovingkindness.

This calls to mind the old Cherokee tale, *The Two Wolves*, which encapsulates these ideas in a parable:



A Message from President Betty Taylor

As I write this column in mid-February, we are looking forward to in-person services once again starting next week. We will still not have onegs for a while but hopefully we will soon. I know how good it feels to linger over the oneg enjoying the social time, everyone engaged in conversation, leaving no one out.

The issue of Social Justice is a big one for me. And this is an area our congregation is pretty good about. We are involved in many service organizations in the community – i.e., Daybreak, Macon Rescue Mission, Loaves and Fishes, Lions Club, and many more. We are involved in our community. This involvement strengthens our TBI community and individually creates a sense of accomplishment and pride. We need to continue our dream and passion for Social Justice. We need to continue to reserve time and energy for this endeavor. Remember that Tikkun Olam is the core of our Jewish values.

We have some exciting events on the horizon. We will again have the Purim Carnival for the children. Of course, adults are welcome to drop by and see what the children are doing. We are planning for our Pesach seder. We have really missed this the past couple of years.

The children had a good time last month at their ice-skating event. I was disappointed that the visit to the Tubman Museum had to be cancelled, or rather postponed. We will try again later. Personnel at the Tubman really went all out to set up special exhibits and line up a private tour guide for us. But unfortunately, everyone who had reservations canceled on to two days prior to the event. This is really sad and reflects badly upon us. I know last year the Rabbi set up a visit to a museum in Atlanta and even drove there the week before to make sure everything was arranged for us. Then just one to two days before the event everyone canceled. I hope we can do better in the future.

We are re-evaluating our security measures and may need to request funding from the federal grants program for synagogues. If anyone has experience writing grants, we could certainly use your assistance.

Please watch your emails for announcements on all these events. And be sure to welcome Carl Graap as our Office Manager. He is already doing a superb job.

Betty


Board Meeting

A meeting of the board will be held
Sunday, March 20, 2022
1:00 PM at Temple Beth Israel

JOIN RABBI BAHAR

FRIDAYS IN MARCH AT 5:15 PM
AT TEMPLE BETH ISRAEL

OR ON ZOOM
[HTTPS://US02WEB.ZOOM.US/J/83522827840](https://us02web.zoom.us/j/83522827840)
MEETING ID: 835 2282 7840

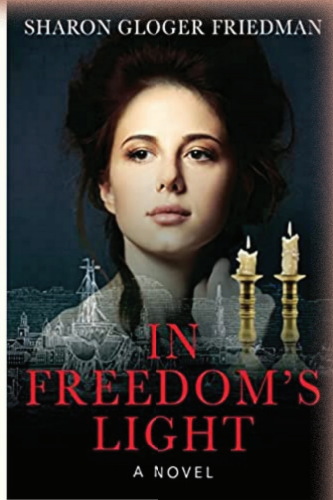


Join us in-person at Temple Beth Israel for
Kabbalat Shabbat



Join us on Facebook or Zoom Fridays at 6:30pm
<https://us02web.zoom.us/j/82589792291>

IN FREEDOM'S LIGHT BY: SHARON GLOGER FRIEDMAN



SISTERHOOD
BOOK
CLUB

In Freedom's Light
Sunday | 1 PM
March 27th

Join us in person or on
Zoom!

Author
Sharon Gloger Friedman
joins us on Zoom

*Windows into
Judaism*



Rabbi Bahar hosts a series of lessons to
offer an insight on Jewish history,
culture, religion and humor

March 3rd on Zoom
& March 10th at TBI **7pm**
and on Zoom

I WANT HAMENTASHEN!!

TBI Sisterhood Fundraiser

Order deadline is March 7, 2022

To be picked up at Temple Beth Israel

Friday, March 11, 2022 from 5-7:30 pm or

Sunday, March 13, 2022 Purim Carnival 3-5 pm



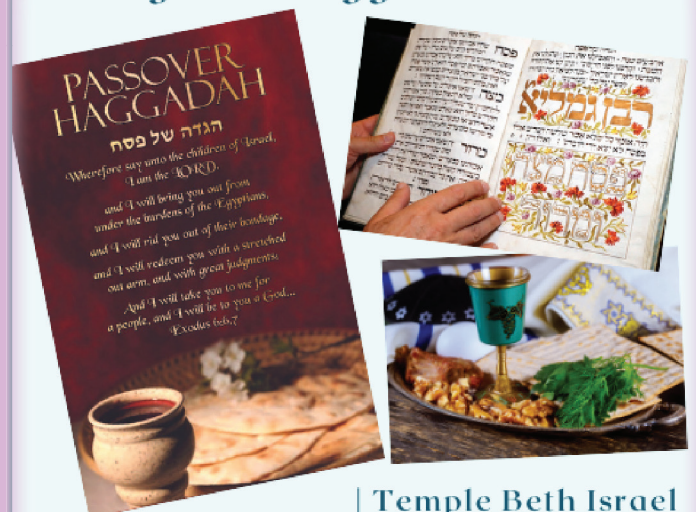
Apricot - \$1.00
Raspberry - \$1.00
Box 36 \$22.00

Chocolate \$1.75
Date \$1.75
Poppyseed \$1.75
Prune \$1.75

Contact Lise Dayan with complete order information
478-361-2328, sigdayan@aol.com

Include the following with your order information:
Quantity and total of each and Grand Total
Name
Phone Number
email address

Ya gotta Haggadah with us



Members - \$35
Non-members - \$45

Temple Beth Israel
892 Cherry Street
Macon, GA

April 15th - Shabbat Services 5:30pm
Passover Seder 6:00pm

PURIM CARNIVAL

MARCH 13

2:00-5:00 PM

COME IN YOUR BEST DRESSED SUPERHERO COSTUME!

CARNIVAL GAMES
BOUNCEHOUSE
GOODIE BAGS
PHOTOBOOTH
GROGGER MAKING
MEGILLAH READING
FACE PAINTING

FOR ADULTS:
CORNHOLE
BOARD GAMES
MISHLOACH MANOT
POURIM COCKTAILS

RSVP TO ADMIN@TBIMACON.ORG

Tu Bishvat Family Fun Day

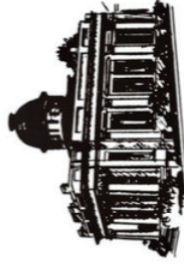


Tu Bishvat Family Fun Day



Young Family Ice Skating





**TEMPLE
BETH ISRAEL**
EST. 1889

MARCH 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	1 4:00 PM: HEBREW SCHOOL	2 9:00 - 11:00 AM RABBI BAHAR IN OFFICE	3 7:00PM WINDOWS INTO JUDAISM	4 5:15 PM KIDDUSH CLUB 6:30 PM KABBALAT SHABBAT	5
6	7	8 4:00 PM: HEBREW SCHOOL	9 9:00 - 11:00 AM RABBI BAHAR IN OFFICE	10 7:00PM WINDOWS INTO JUDAISM AT TEMPLE BETH ISRAEL	11 5:15 PM KIDDUSH CLUB 6:30 PM KABBALAT SHABBAT	12
13 2:00 PM - 5:00 PM PURIM CARNIVAL	14	15 4:00 PM: HEBREW SCHOOL	16 PURIM 9:00 - 11:00 AM RABBI BAHAR IN OFFICE	17	18 PURIM CELEBRATION 5:15 PM KIDDUSH CLUB 6:30 PM KABBALAT SHABBAT	19
20 1:00 PM: BOARD MEETING	21	22 4:00 PM: HEBREW SCHOOL	23 9:00 - 11:00 AM RABBI BAHAR IN OFFICE	24	25 5:15 PM KIDDUSH CLUB 6:30 PM KABBALAT SHABBAT	26
27 1:00 PM: SISTERHOOD BOOK CLUB	28	29 4:00 PM: HEBREW SCHOOL	30 9:00 - 11:00 AM RABBI BAHAR IN OFFICE	31	1 5:15 PM KIDDUSH CLUB 6:30 PM KABBALAT SHABBAT	2



March Birthdays

We congratulate the following for their birthdays this month

Muriel Nathan 4th

Matthew Garrett 20th

Phoebe Hilton 6th

Michael Salis 23rd

Bill Webster 11th

Lauren Peacock Holt 24th



March Anniversaries

We congratulate the following anniversaries this month

Mr. & Mrs. Michael Salis 4th

Mr. & Mrs. Mike Bashuk 5th

Mr. & Mrs. Walter Dannenberg 8th



Honoring

There will be no Oneg until further notice.

Friday, March 4, 2022

Flowers - The Kaufman, Dayan, & Vogel families honoring the Yahrzeit of Marian Waxelbaum Kaufman

Candles - Lise Kaufman Dayan

Kiddush - Sigfried Dayan

Friday, March 11, 2022

Flowers - TBA

Candles - TBA

Kiddush - TBA

Friday, March 18, 2022

Flowers - The Becker family honoring the Yahrzeit of Marvin "Buddy" Becker

Candles - Becker Girls

Kiddush - Simon Becker

Friday, March 25, 2022

Flowers - Carla Koplin Cohn, honoring the Yahrzeit of her beloved brother, Dana Koplin

Candles - TBA

Kiddush - Lawrence Mink, honoring the Yahrzeit of his mother, Bea Mink

Friday, April 1, 2022

Flowers - The Kaplan family honoring the Yahrzeit of Leonard Kaplan

Candles - TBA

Kiddush - TBA



Follow our new QR code
to view our TBI website!

Donations

Thank you to *Andy & Louise Watson* for your donation in the memory of *Stanley & Rosalyn Elkan, Kaye & Don Rosen, Mickey & Mike Lubel & Louise Kaplan*

Thank you to *Gary and Peggy Mendleson* for your generous donation

Thank you to *Carla Cohn* for your donation in appreciation for those who remembered her 75th birthday.

Thank you to *Dr. David & Terri Frolich* for your gift in memory of Jerry Kaplan

Thank you to *Barbara Kaplan & Bernie Gertner* for your Building Fund donation in memory of *Sam & Edith Gertner*

Thank you to *Malcolm Burgess, Jr.* for your donation in memory of *Candy Burgess*

Congratulations



Muriel Nathan

We remember the following on Shabbat

March 5 Sabbath of Observance (Feb. 26 - March 4)

Joseph N. Kalish
02-26-1974
Tess Wilner Bashuk
02-27-1992
Sol Fried
02-28-1931
Paul Kuhr
03-01-1962
Mose Michael
03-02-1978
Dr. Marianne Pattan
03-03-2004
Marian Waxelbaum Kaufman
03-03-2010
Simon Josephson
03-04-1902
Stanley Wallenstein
03-04-1974

We remember the following on Shabbat

March 12 Sabbath of Observance (March 5-11)

William Wolff
03-05-1910
Joseph W. Popper, Sr.
03-05-1971
Reva Powell
03-05-1971
Eileen Markowitz
03-05-2007
Dr. Edgar Wayburn
03-05-2010
Michel Bloch
03-09-1939
Leopold J. Blum
03-09-1976
Lillian Lavine
03-10-1941
Henry J. Harris
03-10-1941
Debra Bloch Wallenstein
03-10-1959
Rachel Rudes
03-10-1988
Julius Efron
03-10-2001

We remember the following on Shabbat

March 19 Sabbath of Observance (March 12-18)

David Mose Kessler
03-12-1901
Edward Bashuk
03-12-1969
Gladys A. Fried
03-12-1987
Edith Lease Nathan
03-14-1976
Annie S. Goldgar
03-14-1976
Jennifer Leeds Yandall
03-15-2002
Jack Dayan
03-17-1987
Nathaniel Rudes
03-17-2017
Marvin Jerome Becker
03-17-2015
Palmyre Sommer Fried
03-17-1936

David Coolik

03-18-1957

George Newman

03-18-2017

We remember the following on Shabbat

March 26 Sabbath of Observance (March 19-25)

Beatrice (Bea) Mink
03-19-2013
Johnny Altman
03-20-1966
Dorothy Dayan Jampole
03-30-1967
Dana Koplín
03-20-2008
Joseph Wood
03-20-2011
Geremy Ramone Strain
03-21-2014
Ida Boniske Roobin
03-23-1950
Helen Reese
03-23-2004
Milton R. Fried
03-24-1958
Esther S. Kaplan
03-24-1972
Morton Gutnick
03-24-1985
Edith C. Kriesman
03-24-1994
Genevieve Kaplan
03-24-1999

We remember the following on Shabbat

April 2 Sabbath of Observance (March 26 - April 1)

Simon Mony Kaufman
03-26-1949
Hilda Goldstein
03-26-2010
Richard Nadler
03-27-2017
Leon Fried
03-28-1947
Max Wood
03-28-2004
David M. Kalish, Sr.
03-29-1976
Richard Wint
03-29-1977
Louise Wright
03-29-2010
Sam Denham
03-29-2021
Leonard Phillip Kaplan
03-30-2000
Fanny Waxelbaum Moscowitz
03-31-1968
Nathan Dayan
04-01-2021

We are in a period of Shivah for

Frances Ann Riley

We are in a period of Shloshim for

Martha Feathers
Sue Humphry
Jerry Kaplan
Joan Potiker

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