



The past several weeks have been an interesting celebration as I have watched a variety of ceremonies online. In some cases I have seen new rabbis become ordained; in other cases watched the children of friends receive rewards or complete programs. It is interesting to watch sometimes as the audience looks on with trepidation and speeches are offered which are critical of society; inspiring of hope for the new graduates; and bits of advice

the speakers wished they had received earlier in their lives are offered. I then did a thought experiment: what if I was asked to speak, what would I say? What type of advice would I give? So I will share with you my top three pieces of advice:

1. We need to come to terms with our own brokenness. Until we address that personal pain within ourselves from childhood traumas, feelings of inadequacy (in whatever manner) then we will either repeatedly face a life lesson around that brokenness. Or we will fail to have compassion for other people, all of whom are just a little broken. One of the most humbling ways to do this is to reach out to family, friends, mentors and professionals. These people will help ground us, hold us when we need holding and keep us accountable. They will remind us who we are at our core.
2. I abandon myself. Other people don't abandon me. I allow others to treat me badly repeatedly or how I believe I deserve to be treated. Meaning, we only know what we know when we know it, and often accept that knowledge as truth. Some of us believe love involves pain or believe love is feeling needed. Sometimes we are hungry for affection, attention or approval from external sources believing that is where it should come from. To address the normal needs we all have, we developed unhealthy coping mechanisms or established not positive behavioral patterns. The important thing to remember is: you have something which is a gift that no one else has - you have yourself.

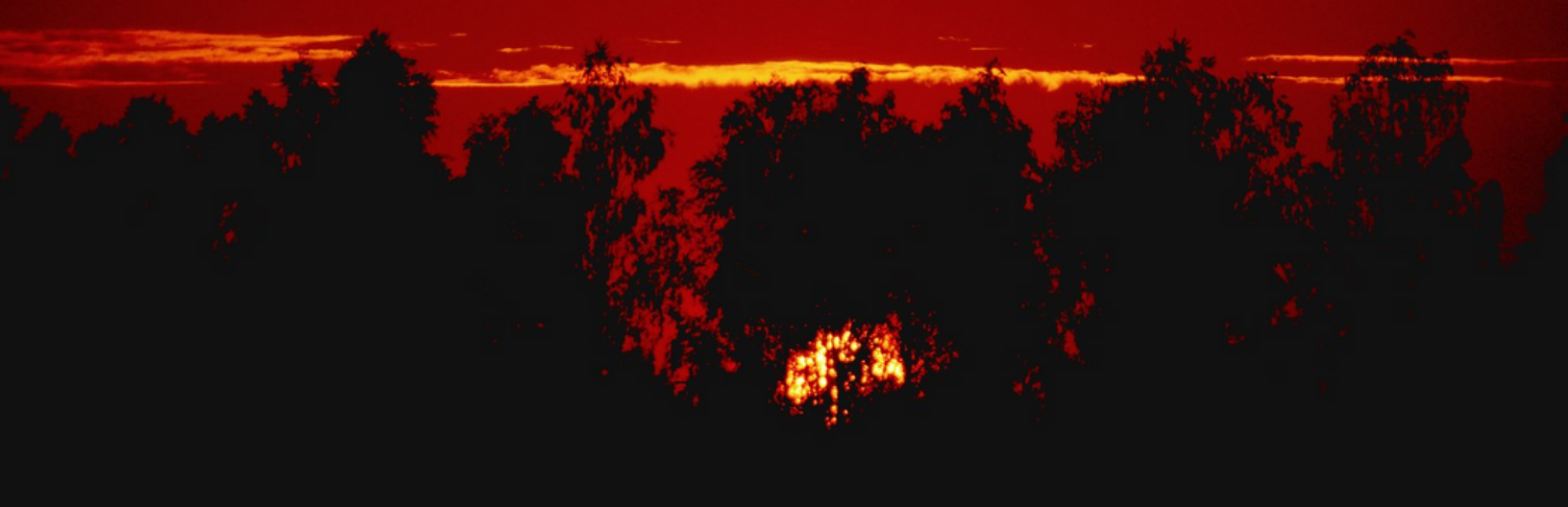


Edith Eger writes in the book *Gift* that: “Love is a four-letter word spelled as T-I-M-E.” It takes time to learn to love and accept yourself. It takes time to recognize our inner resources are limitless. It takes time to create healthy coping mechanisms moving forward. It takes time to find ways to meet our own needs in a healthy way and not abandon ourselves.

3. How we speak to ourselves, whether we are using judging or compassionate language is how we both interpret the world around us and engage with it. We live in our heads. We can create a prison of our own making by repeating stories: “the world is a dark and scary place.” Or we can live in heaven by repeating stories that reflect: “the world is a place of amazement and I am a part of that amazing world. I have a gift to give to that special world.” When we are aware of the words we chose to use, we can make our lives heaven. That being said, words and language are a choice.

Lastly, when you are out in the world, and you find yourself falling into old habits. You feel that you are unhappy with a situation at hand. Hold yourself with tremendous compassion. Lift yourself up, look in the mirror, and know that you have the inner strength and resources to get back on the right path. It may take a few steps to get back.

Good luck graduates and enjoy your journey.



From Your President

My time as your President is ending (effective June 12). It has been an honor to follow behind those who also committed two or more years to leading this congregation. There have been times of celebration, times of sadness, and times of frustration. Who would have guessed that I would be leading us through the time of a pandemic? I have had to make some very difficult decisions. Whether the decisions made were wrong or right, I prayed over them and did the best I could. I am immensely grateful for the support of the board and the congregation.

Over the past year, we installed an audio/visual system so we could make our services available to our members throughout the pandemic. Now it allows those who have mobility issues or night-driving vision problems to participate in our services. We issued a new fire alarm system and a new security system. Our Temple is a real gem, but it does continue to demand attention.

Our Annual Congregational Meeting will be held at the Temple on June 12th at 2PM. We will be voting in our new board. We will also be voting on the budget for next year. We are looking at a substantial deficit this next year. This will be a major discussion item. We have looked closely at the expenses, but the primary problem boils down to membership dues not being paid and members not paying their fair share. I hope all of you will think about how you can help us financially.

We are fortunate to live in a community where our Temple is respected and included in community activities. We are involved in social action throughout Macon-Bibb, Peach, and Houston Counties. We should all be proud of our heritage and help ensure we carry on what those before us had started.

We are blessed to have the creativity and energy that Rabbi Bahar brings us. Her efforts throughout her first two years with us were hampered by the pandemic. I think over this next year we will see where her vision will take us.

We are also fortunate to have a highly efficient Office Manager. Carl is professional and sincerely devoted to our Temple.

Again – thank you all for your support. I absolutely could not have managed this without you.

Betty Taylor

IT'S TORAH O'CLOCK SOMEWHERE

Join friends from across the US for a night of Torah Study in celebration of Shavuot.

Saturday, June 4 - Sunday, June 5

8:00 pm ET - 8:00 am PT

free | registration required

TIKKUN LEIL SHAVUOT ⁵⁷⁸²

developed as a collaborative project of small URJ congregations

- | | |
|--|--|
| Beth Shalom & Schaara Zedek (Vero Beach & Tampa, FL) | Ahavath Beth Israel (Boise, ID) |
| Temple B'nai Israel (Kalamazoo, MI) | Temple Emanuel Sinai (Worcester, MA) |
| Congregation Beth Jacob (Plymouth, MA) | Beth El (Tyler, TX) |
| Temple Dor Dorim (Weston, FL) | Congregation B'nai Tzedek (Fountain Valley, CA) |
| Temple Beth Israel (Macon, GA) | Temple Beth-El (Pensacola, FL) |
| Temple Beth Jacob (Newburgh, NY) | Jewish Gateways (Albany, CA) |
| Temple Mount Sinai (El Paso, TX) | Temple Brith Achim (King of Prussia, PA) |
| Beth El (Tyler, TX) | Temple Sinai (Reno, NV) |
| Temple Beth El (Odessa, TX) | Achvat Israel Congregation (Rishon Letziyon, Israel) |
| Temple Beth El (Augusta, ME) | Temple Sinai (Lake Charles, LA) |
| Congregation Emeth (Morgan Hill, CA) | Congregation Beth Shalom Rodfe Zedek (Chester, CT) |
| Sinai Temple (Champaign, IL) | Congregation Shir Tikvah (Troy, MI) |
| Temple Menorah (Redondo Beach, CA) | Temple Anshe Hessed (Erie, PA) |

Small Congregations

TIKKUN LEIL SHAVUOT 5782

Saturday, June 4 - Sunday, June 5
8:00 pm ET thru 8:00 am PT

Join congregations and rabbis from all around the country via Zoom for an unique set of online study sessions including music, TV shows, and a celebration of Torah for all ages!

Programs run from 8:00 pm ET until 8:00 am PT.

Register in the provided link to receive Zoom program details

WANDERING DIXIE BY: SUEEISENFELD



SUE EISENFELD

WANDERING DIXIE

Dispatches from the Lost Jewish South



SISTERHOOD

Wandering Dixie

Sunday | 11:30AM

June 26th

Temple Beth Israel

BOOK CLUB

Join us in person or on Zoom!

Author

Sue Eisenfeld

Rabbi Bahar

is available for appointments

Call for an appointment

(478) 745-6727

Rabbi Bahar's office hours

Wednesdays 9AM-11AM

Temple Beth Israel
892 Cherry Street
Macon, GA 31201



Happy Birthday

Emma Hoffman - June 3rd

Gary Mendelson - June 4th

Shaw Bullington - June 12th

Daniel Bahar - June 13th

David Dillard - June 13th

Leo Kirshner - June 13th

Neala Morgan - June 14th

Herbert Greenwald - June 21st

Mike Kaplan - June 22nd

Julia Purcel - June 23rd

Letty Susan Kaplan - June 29th

Aggie Dannenberg - July 1st

Niles Baker - July 5th

Aiden Bahar - July 12th

Elliot Hilton - July 14th

Kaydon Butler - July 17th

Zack Zion - July 24th

Amy Flowers - July 25th

Bernie Gertner - July 25th

David Kalish - July 26th

Lala Clark - July 27th

David Hammer - July 29th

Kelly Wolk - July 30th

Valerie Fried - July 31st



The background of the image is a soft, light purple color, overlaid with several vibrant purple orchid flowers. The flowers are in various stages of bloom, with some showing their intricate petal patterns and central structures. The overall aesthetic is elegant and celebratory.

Happy Anniversary

Lise Kaplan & Eddie Wimberly - June 2nd

Dr. Harvey & Cathy Zion - June 8th

David & Marlie Hammer - June 12th

Dr. David & Kat Kalish - June 18th

Joshua and Lily Ware - June 21st

Drs. Jonathan & Jennifer Hoffman - June 27th

Mr. & Mrs. Richard Bullington - June 28th

Karl and Alexa Perron - June 30th

Marianna Kaufman and Diana Alemán - July 15th

Gary & Peggy Mendelson - July 21st

Dr. Robert & Janice Donner - July 30th

Larry & Caren Read - July 30th



YEARS

♥ ANNIVERSARY ♥

David & Marlie Hammer



Happy 50th Anniversary



Marianna Kaufman

and

Diana M. Alemán





We Remember the Following on Shabbat

June 3 (May 28-June 3)

Emanuel M. Kahn - 5/29/1907

Joe B. Jacobs - 5/29/1965

Henrietta Bernd - 5/30/1938

Carl Bloch - 6/1/1959

Ira Kaplan - 6/1/1980

Norma Oliner - 6/1/1997

Henry Koplin - 6/3/1953

We Remember the Following on Shabbat

June 10 (June 4-10)

Richard, II Wayburn - 6/8/2006

Phillip N. Cohen - 6/10/1901

Lena Moses - 6/10/1933

We Remember the Following on Shabbat

June 17 (June 11-17)

Julius M. Fleischer - 6/12/1960

Molly Coolik - 6/12/2000

Leonard "Chip" Ashbach, Jr. - 6/13/2004

Leon Morais Voorsanger - 6/15/1943

Maude Witkowski Michael - 6/15/1968

Norman Etheridge - 6/15/2011

Clifford Allen Tibbetts - 6/16/2013

We Remember the Following on Shabbat

June 24 (June 18-24)

Dr. Avrom Roobin - 6/18/2002

Simon Dannenberg - 6/19/1954

Joseph W. Popper, Jr. - 6/20/2020

Lena Wolff - 6/21/1923

Frances Starr - 6/21/1954

Abraham Goldstein - 6/21/1974

Etta Moser - 6/22/1901

Lena Kuttner - 6/22/1901

Samuel Coolik - 6/22/1965

Jacob Maas - 6/23/1922

We Remember the Following on Shabbat

July 1 (June 25 - July 1)

Libby Blum - 6/24/1981

Samuel Pollock - 6/24/1995

Albert Harris Cohn - 6/24/2007

Mortimer Goldman - 6/26/1940

Allen Dodson - 6/26/1986

Rosalyn Kuhr Elkan - 6/26/2000

Sara Bernice Becker - 6/26/2016

Milton Nathan Gans - 6/27/1932

Sarah M. Koplin - 6/27/1996

Morrie Daning - 6/28/1976

Hattie Weil Hirsch - 6/30/1971

Matilda Lankin - 6/30/2002

Belle Bernstein - 6/30/2009

Edward Hillman, Jr - 7/1/1999



We Remember the Following on Shabbat

July 8 (July 2 - 8)

Jack H Happ - 7/2/1935

Valentine Kahn - 7/3/1907

Kay Hinson - 7/3/2007

Adele Weitzner - 7/4/2008

Houston R Dillard - 7/5/1981

Benjamin Schreiber - 7/5/1951

Carrie Moses - 7/6/1959

Jeanne Sommer - 7/6/2004

Norman Schlesinger - 7/6/2011

Beatrice Wint - 7/7/1970

Harriet Goldstein Greenhut - 7/7/1998

Sophie Coolik - 7/8/1959

Lillian Cohen Ashbach - 7/8/1980

We Remember the Following on Shabbat

July 15 (July 9 - 15)

Leslie Jampole - 7/9/2001

Henry Vogel - 7/9/2009

Anne Rosenberg - 7/10/1901

Emanuel Ulman - 7/11/1929

Ida Lavine Becker - 7/11/1965

Rose Schreiber - 7/12/1934

Jeffrey Lankin - 7/12/1994

Dr Arthur Goldman - 7/12/2017

Alice Roberts Wood - 7/15/1962

Walter S Berkman - 7/15/1989

Dr Sam Dave Zion - 7/15/1993

Lenor (Judith) Gutnick - 7/15/2015

Gayle Roobin Bullington - 7/15/2018

We Remember the Following on Shabbat

July 22 (July 16 - 22)

Nora Koplin - 7/16/2009

Rita Stevenson - 7/16/2010

Fannie B Sommer - 7/17/1937

Lola Harris - 7/18/1936

Louise Schram Kaplan - 7/18/2019

Max Weinstein - 7/19/1962

Jerome Rosenberg - 7/20/1901

Regina Maas - 7/22/1927

We Remember the Following on Shabbat

July 29 (July 23 - 29)

Flora Bernd Peck - 7/23/1975

Flossie Greenstone - 7/25/1978

Samuel Berkman - 7/26/1947

E J Fried - 7/27/2009

Frances Goodman - 7/27/2016

Jean Greenebaum - 7/29/1996

We Remember the Following on Shabbat

August 5 (July 30 - August 5)

Lee Happ - 7/30/1963

Anna Vogel - 7/30/2004

Joseph Goldman - 7/31/1971

Mamie Lee Burney - 7/31/1986

Ferd Bernd - 8/1/1956

Isaac Flatau - 8/2/1938

Ruth Lippard - 8/2/2001

Pearl Kaplan Lavine - 8/5/1990

Revera (Vee) Tolochko Kahn Wayburn -
8/5/2017

From - Honoring

Niles & Kathryn Baker -

**Master Chief Henry R. Baker, WWII Army Air Corp Crew Chief
(Niles' Father)**

Lt Cdr L. O'Neal Cave, WWII USN Officer Trainer (Kathy's Father)

Sgt Bertram Cave, WWII Infantry under General Patton (Kathy's Uncle)

Lt Thomas Ellison, WWII Army Air Corp Fighter Pilot (Kathy's Uncle)

Robert Ellison, WWI (Kathy's Grandfather)

Joan Becker - Marvin J. Becker, US Naval Academy 1947

David H. Becker, US Army (Battle of the Bulge)

Marjorie R. Becker - Peace Corps 1975-1979

Marjorie R. Becker - Marvin J. Becker, US Naval Academy 1947

David H. Becker, US Army (Battle of the Bulge)

Simon Becker - Marvin J. Becker, US Naval Academy 1947

Richard Bialac

Carla Cohn - Alvin M Koplun, Albert H. Cohn

Sigfried & Lise Dayan

Jody Purcel Dughi - Dr Alan Segal

Amy Flowers

Carl Graap - Parker, Iraq 2005 (Brother)

Herb Greenwald - Herb Greenwald

Joyce Harris

Annie Shannon Hart - Leo E. Reese, US Navy

Elliott Cooper Hilton

Marlene Humphry - Isadore Goldstein, George Jacobson

Barbara Kaplan

Letty Kaplan - Irving Lewis Cohen

Marianna Kaufman - William Levitt, Abbott Frank (WWII)
Lee M. Happ Jr., (Died fighting for US in WWII)

Mr & Mrs Gary Mendelson - Irving Purcel, Sylvan Mendelson

Lawrence Mink - Morris Mink (WWII US Army)
Julius Efron (WWII US Army)

Neala Morgan - Joseph Cohen

John Pattan - T.C. Hill

Glenn Rosen - Donald I. Rosen (Korea)

Jerry & Beverly Schnee - Albert Joseph Bergeron (Purple Heart)

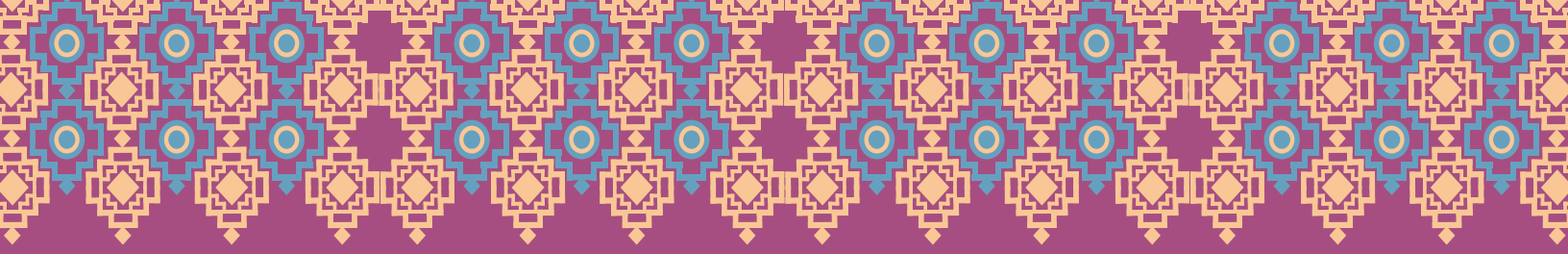
Betty Taylor - The Fallen

Harvey Zion - MSG John A. Young
Capt Sam D. Zion
Lt Annette C. Zion

YOUNG FAMILY EVENT







LUNCH WITH RABBI BAHAR



IT'S TORAH O'CLOCK SOMEWHERE

Join friends from across the US for a night of Torah Study in celebration of Shavuot.

Saturday, June 4 - Sunday, June 5
8:00 pm ET - 8:00 am PT
free | registration required

TIKKUN LEIL SHAVUOT 5782

developed as a collaborative project of small URJ congregations

D-DAY



JUNE 2022



WANDERING DIXIE BY: SUE EISENFELD

WANDERING DIXIE

Depicting from the Land of Jewish South



SISTERHOOD BOOK CLUB

Wandering Dixie
Sunday 11:30AM
June 26th
Temple Beth Israel

Join us in person or on Zoom!
Author
Sue Eisenfeld

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1 9:00-11:00: RABBI BAHAR OFFICE HOURS	2 9:00-11:00: RABBI BAHAR OFFICE HOURS	3 5:15 PM KIDDUSH CLUB THE BOOK OF RUTH 6:30 PM SISTERHOOD KABBALAT SHABBAT	4 8:00PM SATURDAY - 11:00 AM SUNDAY SHAVUOT
5 8:00PM SATURDAY - 11:00 AM SUNDAY SHAVUOT	6 	7	8 9:00-11:00: RABBI BAHAR OFFICE HOURS	9 9:00-11:00: RABBI BAHAR OFFICE HOURS	10 5:15 PM KIDDUSH CLUB 6:30 PM KABBALAT SHABBAT	11
12 2:00 PM: CONGREGATION MEETING	13	14 	15 9:00-11:00: RABBI BAHAR OFFICE HOURS	16 9:00-11:00: RABBI BAHAR OFFICE HOURS	17 5:15 PM KIDDUSH CLUB 6:30 PM KABBALAT SHABBAT	18
19 FATHER'S DAY	20	21	22 9:00-11:00: RABBI BAHAR OFFICE HOURS	23 9:00-11:00: RABBI BAHAR OFFICE HOURS	24 5:15 PM KIDDUSH CLUB 6:30 PM KABBALAT SHABBAT	25
26 11:30 AM: SISTERHOOD BOOK CLUB 1:15 PM: COUNTERING ACTIVE THREAT TRAINING AT CSI	27	28	29 9:00-11:00: RABBI BAHAR OFFICE HOURS	30 9:00-11:00: RABBI BAHAR OFFICE HOURS	1 5:15 PM KIDDUSH CLUB 6:30 PM KABBALAT SHABBAT	2



JULY 2022

MACON Bacon
 NIGHT AT THE BACON
 (KOSHER BACON, OF COURSE!)

THURSDAY JULY 28, 2022 @ 7 PM
 Help raise funds for TBI!
 Here's what you get when you buy your tickets from TBI:

- All you can eat holiday, kumbragan, choburagan, chicken sandwiches, dips, soft drinks, water, and coffee!
- A FREE Macon Bacon Hat (4 announcements)
- A portion of the revenue from each ticket sold goes back to TBI.

TO BOOK YOUR TICKETS, CALL TEXT OR VISIT www.tbisrael.org
 OR info@tbisrael.org. Mail check made out to TBI to Temple Beth Israel, 892 Cherry Street, Macon GA 31201

THE LOST SHITTEL BY MAX GROSS

SISTERHOOD BOOK CLUB

The Lost Shtetl!
 Sunday | 11 PM
 Temple Beth Israel

Join us in person or on Zoom!
 Author
 Max Gross

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1 5:15 PM KIDDUSH CLUB 6:30 PM INDEPENDENCE DAY KABBALAT SHABBAT	2
3	4	5	6	7	8 5:15 PM KIDDUSH CLUB 6:30 PM KABBALAT SHABBAT	9
10	11	12	13	14	15 5:15 PM KIDDUSH CLUB 6:30 PM KABBALAT SHABBAT	16
17	18	19	20	21	22 5:15 PM KIDDUSH CLUB 6:30 PM KABBALAT SHABBAT	23
1:00 PM: BOARD MEETING	25	26	27	28	29 5:15 PM KIDDUSH CLUB 6:30 PM KABBALAT SHABBAT	30
31 1:00 PM: SISTERHOOD BOOK CLUB THE LOST SHITTEL BY MAX GROSS	1	2	3	4	7:00PM-9:30PM: TBI - MACON BACON BASEBALL NIGHT	5 5:15 PM KIDDUSH CLUB 6:30 PM KABBALAT SHABBAT
			9:00-11:00: RABBI BAHAR OFFICE HOURS	9:00-11:00: RABBI BAHAR OFFICE HOURS	9:00-11:00: RABBI BAHAR OFFICE HOURS	6 5:15 PM KIDDUSH CLUB 6:30 PM KABBALAT SHABBAT

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